

## 2014 BERKELEY ZEN TRIGGERPOINT ANATOMY® REGISTRATION INFORMATION

<b>Training Dates:</b>	Thursday, Friday, Saturday & Sunday Thursday, Friday, Saturday & Sunday	June 5 - 8 July 17 - 20
<b>Times:</b>	Thursday, Friday, Saturday & Sunday  *Includes 1-hour break (lunch on your own)	8:00 am – 5:00 pm
<b>Location:</b>	Rudramandir – A Center for Spirituality and Healing	830 Bancroft Avenue Berkeley, CA 94710
<b>Cost:</b> \$50 discount full payment by May 5, 2014	<b>NEW STUDENTS</b>  US \$1500.00; \$750/week Deposit: \$375	<b>RETURNING STUDENTS*</b>  US \$800.00; \$400/week Deposit: \$200
	*Note: Returning students are those students who have previously completed a Zen Triggerpoint Anatomy® training.	
<b>Bring:</b>	A pillow, sheet, towel, swimsuit (two-piece or sports bra for women), Drinking water. Cushion or small pillow for sitting meditation. Also, please make sure fingernails are cut and filed prior to class.	
<b>To Register:</b>	Please make checks payable to: IZII.  Mail your completed registration form with deposit to Sean English (address to the right). The deposit saves a place for you in the class and will be credited towards the final weekend's fee.  A \$50 early registration discount is applied to full payments made by May 5, 2014.	Sean English 830 Bancroft Way #109 Berkeley, CA 94710
<b>On Training Day:</b>	Registration period is 30 minutes before the first meeting of each weekend.  After you register, help others prepare the space and setup.	Please arrive early!
<b>Contact:</b>	For questions regarding the training or registration (including on training day itself)	Sean English: sean@seanenglish.com or 415-672-3739
<b>Certification Requirements:</b>	You must attend and successfully complete all weekends in order to be a certified Zen Triggerpoint Anatomy® Practitioner.	
<b>Recommended Reading:</b>	<i>Bodytherapy: From Rolf to Feldenkrais to Tanouye Roshi</i> , by William S. Leigh.	