

## BERKELEY ZEN BODYTHERAPY® TRAINING 2013 REGISTRATION INFORMATION

<b>Training Dates:</b>	Friday, Saturday & Sunday Friday, Saturday & Sunday Saturday & Sunday Friday, Saturday & Sunday Saturday & Sunday	May 3, 4, 5 June 21, 22, 23 June 29, 30 October 18, 19, 20 October 26, 27
<b>Times:</b>	Fridays Saturdays Sundays *1 hour break (lunch on your own) Saturday and Sunday	7:00 pm - 9:00 pm 8:00 am - 4:00 pm* 8:00 am - 4:00 pm*
<b>Location:</b>	May 3, 4, 5 June 29, 30 October 18, 19, 20	Berkeley Rosen Method Center 825 Bancroft Way Berkeley, California, 94710
	June 21, 22, 23 October 26, 27	Rudramandir Healing Center 830 Bancroft Way Berkeley, California, 94710
<b>Cost:</b> *Early registration discount applies for payments received by: April 03, 2013.	<b>NEW STUDENTS</b> Early Registration*: US \$1700.00 Regular: US \$1750.00 Deposit: \$350 per weekend	<b>RETURNING STUDENTS</b> Early Registration*: US \$1200 Regular: US \$1250.00 Deposit: \$250 per weekend
<b>Bring:</b>	A pillow, sheet, towel, swimsuit (two piece or sports bra for women), Vaseline intensive care lotion, Witch hazel, Kleenex and drinking water. Bring a cushion or small pillow for sitting meditation. Please make sure fingernails are cut short and filed prior to class.	
<b>To Register:</b>	Mail your completed registration form with one weekend's fee as a deposit to Sean English (address to the right). The deposit saves a place for you in the class will be credited towards the final weekend's fee. A \$50 discount is applied to full payments made two weeks in advance. Please make checks payable to: IZII.	Sean English 830 Bancroft Way #109 Berkeley, CA 94710
<b>On Training Day:</b>	Registration period is 30 minutes before the first meeting of each weekend. After you register, help others prepare the space and setup.	Please arrive early!
<b>Contact:</b>	For questions regarding the training or registration (including on training day itself).	Contact Sean: seanenglish@seanenglish.com or 415-672-3739.
<b>Certification Requirements:</b>	You must attend and successfully complete all 5 weekends in order to be a certified Zen Bodytherapy® Practitioner.	
<b>Recommended Reading:</b>	<i>Bodytherapy: From Rolf to Feldenkrais to Tanouye Roshi</i> , by William S. Leigh.	