

Zentherapy® Introductory Weekend
2015 BERKELEY
REGISTRATION INFORMATION

Training Dates:	Friday, Saturday & Sunday	October 16 - 18
Times:	Friday Saturday & Sunday	7:00 pm – 9:00 pm 7:00 am – 4:00 pm
	*Includes 1-hour break (lunch on your own)	
Location:	Rudramandir – A Center for Spirituality and Healing	830 Bancroft Avenue Berkeley, CA 94710
Cost:	NEW STUDENTS US \$200.00 Deposit: \$50	RETURNING STUDENTS* US \$100.00 Deposit: \$50
	*Note: Returning students are those students who have previously completed a Zentherapy® training.	
Bring:	A pillow, sheet, towel, swimsuit (two-piece or sports bra for women), Drinking water. Cushion or small pillow for sitting meditation. Also, please make sure fingernails are cut and filed prior to class.	
To Register:	Please make checks payable to: IZII. Mail your completed registration form with deposit to Sean English (address to the right). The deposit saves a place for you in the class and will be credited towards the final weekend's fee. Please register by September 16, 2015.	Sean English 830 Bancroft Way #109 Berkeley, CA 94710
On Training Day:	Registration period is 30 minutes before the first meeting of each weekend. After you register, help others prepare the space and setup.	Please arrive early!
Contact:	For questions regarding the training or registration (including on training day itself)	Sean English: sean@seanenglish.com or 415-672-3739
Certification Requirements:	You must attend and successfully complete all training days in order to receive a certificate.	
Recommended Reading:	<i>Bodytherapy: From Rolf to Feldenkrais to Tanouye Roshi</i> , by William S. Leigh.	